

	NO	SOMETIMES	YES
Communication is non-existent in my organization.	3	2	1
Our group holds regular meetings to discuss workplace issues.	1	2	3
Management keeps us informed of key issues.	1	2	3
People are too secretive.	3	2	1
I find that I keep things to myself.	3	2	1
People don't trust one another.	3	2	1
I am free to voice my concerns to management.	1	2	3
There is no openness in our group.	3	2	1
Management often keeps me out of the loop.	3	2	1
I am comfortable asking help from others.	1	2	3
I am comfortable seeking advice from my manager.	1	2	3
I have no one to discuss difficult situations with.	3	2	1
I have no trouble expressing my uncomfortable feelings with others.	1	2	3
I let others know when I am upset.	1	2	3
I avoid others rather than openly talking to them about what bugs me.	3	2	1

My total score \_\_\_\_\_